

Preliminary Itinerary

Do it for Dan Pennine Way Walk '22
15th July to 4th August 2022

Completed in case of emergency would be most welcome.

By the way, if you are unable to attend, please let us know as soon as possible.

Do it for Dan Pennine Way Walk '22 is a charity event. All proceeds go to the Mental Health Charity CALM.

Row #	Name	Age	DOB	Address	Phone no
1	John	52	1970	100, 100, 100	01234 56789
2	Jane	45	1977	100, 100, 100	01234 56789
3	John	52	1970	100, 100, 100	01234 56789
4	Jane	45	1977	100, 100, 100	01234 56789
5	John	52	1970	100, 100, 100	01234 56789
6	Jane	45	1977	100, 100, 100	01234 56789
7	John	52	1970	100, 100, 100	01234 56789
8	Jane	45	1977	100, 100, 100	01234 56789
9	John	52	1970	100, 100, 100	01234 56789
10	Jane	45	1977	100, 100, 100	01234 56789
11	John	52	1970	100, 100, 100	01234 56789
12	Jane	45	1977	100, 100, 100	01234 56789
13	John	52	1970	100, 100, 100	01234 56789
14	Jane	45	1977	100, 100, 100	01234 56789
15	John	52	1970	100, 100, 100	01234 56789
16	Jane	45	1977	100, 100, 100	01234 56789
17	John	52	1970	100, 100, 100	01234 56789
18	Jane	45	1977	100, 100, 100	01234 56789
19	John	52	1970	100, 100, 100	01234 56789
20	Jane	45	1977	100, 100, 100	01234 56789

TALK TO US
116 123

Do it for Dan, You & Yours Pennine Way Walk '22 (15th July to 4th August)



Last year's 'Do it for Dan, You & Yours Walk (Coast to Coast)' raised over £2,000 for the Mental Health Charity CALM. Hopefully it encouraged further informed discussion about the urgent need to recognise and maintain good mental health.

This year's challenge is the 270 miles walk of the first English long-distance footpath from Edale, Derbyshire to Kirk Yetholm in Scotland, much of the route following the Pennine Chain of hills (aka backbone of England).

Your kind support is again sought, both to raise funds via the dedicated Just Giving site @ [Do it for Dan Pennine Way Just Giving](#) together with speaking to others about the importance of good mental health. This year's walk also seeks to highlight the dangerous consequences of consistent underfunding of NHS Mental Health Services. The walk aims to support and further highlight both the national and local concerns of such cuts by promoting the call by CHARM (Manchester based Communities for Holistic Accessible Rights- based Mental Health Campaign) for an independent enquiry into the serial failings of NHS Mental Health Services. This has been directly informed by the experiences of their members and testimony of NHS mental health patients who have been failed by years of cut and increasing privatised provision. Find more about CHARM @ [Here](#)

The issuing by Manchester Coroners of a rare Regulation 28 Report to Prevent Future Death to the Secretary of State, following Dan's Inquest is another glaring example of problems. In this case naming of dangerously long waiting treatment lists and thereby the channelling of serious ill NHS patients into the highly fragmented and largely unregulated private practice. These concerns have been further heightened by the two-year investigation by the Parliamentary Ombudsman into the NHS Commissioning Service. The findings, published in January this year, found systematic violation of established procedures, failure to investigate and provide 'not accurate' replies to members of the public voicing their well evidence concerns of clinical failings.

The recent Quality Care Commission Inspection Report of NHS Greater Manchester Mental Health also rings several alarm bells. Clearly the first steps of any targeted improvements need to focus on honesty and the accurate identification of past and current failings, something NHS Commissioning Service appear incapable or unwilling to undertake. Let us hope that public pressure ensures such a review and repair of our ever important and vital NHS mental health services sooner than later. Not least so many others seeking care do not experience the same painful service failings as Dan suffered over so many years.

You can keep updated on the progress of the Walk @

Twitter @ Doit4Dan @doit4_dan

Facebook @ <https://www.facebook.com/DoneForDan>

And the hopefully the growing sponsorship/donations @ Just Giving: [Crowdfunding to Raise awareness of and funds for better public mental health care on JustGiving](#)

Please feel free to share this information.

Many thanks and kind regards, Jeff

Our 24/7 Helpline is changing

NHS Greater Manchester Mental Health

You can now call the number below, free of charge. The helpline is open every day, 24 hours a day.

The free 24/7 helpline number is
0800 953 0285

We are here to help you during this tough time - please reach out to us if you need us.

COMPILED BY MICHELLE CATANACH

BOYS DON'T DO CRY

BY 12 MEN WHO DID. WOKE UP AND REDEFINED WHAT IT MEANS TO BE A MAN.

RAISING CALM AND RAISING £2,132.00